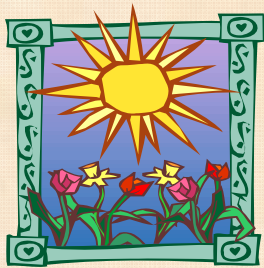


TWS Newsletter



March 2010 Volume 36

3315 S 19th St, Tacoma, WA, 98405 | 253.383.8711 | www.tacomawaldorf.org



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A little brown bulb went to sleep in the ground.

There she slept very sound.

While Old King Winter raged and roared overhead,

The little brown bulb did not stir in her bed.

Then came Lade Spring tip-toeing over the lea,

Fingers to lips as soft as can be.

And the little brown bulb just lifted her head,

Slipped off her nightie and jumped out of bed.

Spring is almost here. In the Starlight we were unable to return from our mid-winter break to sing more winter songs. Our focus moved on to rebirth and transformation.

The middle of February brought forth a carpet of crocus. Pushing through the hard ground, each bulb, shoot and sprout demonstrates the tenacity and fortitude it takes to be reborn in the moment. The earth does not give way easily to new growth. And new growth does not always wait until it is convenient. It comes in adverse conditions, before everything can be staged and perfect.

For us, too, new growth can come with challenges, and often does.

Cultivating love, forgiveness and compassion is no different. Year after year, we negotiate long term relationships, make new ones and end others. There is always something new to contend with, something unexpected—joy alongside disappointments, beauty alongside devastation, high expectations alongside imperfection. Life doesn't let up. The strength and resilience it takes to persevere is like the strength it takes for the crocus to push through the solid, cold earth that surrounds it. And like the crocus, we do it—one step, one shoot at a time.

The beauty of spring is inevitable. It is well worth the wait and struggle. If we look at our lives as inextricably connected within a larger web of life, then the strength it takes to endure in love, practice forgiveness, and behave compassionately seems infinitely small, even natural, compared to its rewards. Each new shoot peeking up from the earth attests to that. We want to begin to celebrate these notions in community. Paula, Dan and I would like to host the first **Community Pancake Fest**. Bring your favorite pancake toppings, plates, cups and silverware. Dan, also known as Flap, will be flipping the best wheat free, peanut free, gluten free pancakes in the universe. **Please join us on Sunday, March 14th from 11am—1pm in the Starlight yard.**

TWS Calendar of Events

March, 2010

Friday, March 5th	No School—Grades Parent/Teacher Conferences		
Friday, March 5th	Hot Air Balloon Ride Ticket Deadline	Please return all tickets ASAP	
Thursdays, March 4th, 11th, 18th and 25th	Knitting Circle	8:45 am—?	Mandolin Cafe
Tuesdays March 9th, 16th, 23rd, and 30th	Scrip Orders Due	3:15	School Office
Friday, March 12th	No School—Grades Parent/Teacher Conferences		
Saturday, March 13th	Parent Lecture Series - "How Children Learn", Handle Practitioner Marianne Wagner	10 - 12 pm	RSVP is requested
Sunday, March 14th	Community Pancake Fest	11am—1pm	Starlight Yard
Monday, March 15th	Auction Procurement Deadline	All Auction Forms Due	
Saturday, April 3rd	TWS Annual Gala and Benefit Auction	Doors Open at 5pm	Marriott Downtown Tacoma
Monday, April 5th—Friday, April 16th	No School, Have a Happy Spring Break!		

Marianne Wagner, Handle Practitioner Coming To TWS!

**Saturday, March 13th
From 10-Noon**

**Marianne will speak
about how children learn and how
we can support them along their
academic journeys.**



In the Classroom...

Greetings from the Greenwood

Spring Is Coming/Here? In the Greenwood Kindergarten we are noticing all of the signs of spring in our yard and out in the world. There are fascinating bugs underneath the logs in the log circle, all sorts of flowers and plants are showing themselves and even the golden sun is seen from time to time. We have been learning about manners in the Greenwood and Starlight Kindergartens. You might hear the Greenwood children talking about some of the naughty mice that live in the Greenwood house and how they are learning about good manners by watching how the Greenwood children act. We are getting ready to move onto a Spring circle, where bulbs will be growing and we will walk in the rain.

We are very fortunate to have Polly Tabscott in the Greenwood. Polly is a student in the teacher training at Sound Circle. Her gentle presence is welcomed and much appreciated. She has two children currently in the Starlight Kindergarten. Welcome, Polly. We are so glad that you are here.

Riley Hume, a homeschooled 5th grader and former Kindergartener in the Greenwood house when it was the Starlight house, is graciously volunteering one day a week. Thank you, Riley.

We are getting ready to begin preparing the soil and planting a few seeds in the yard. If you have any children's gardening tools and gloves, you may send them with your child.

Our auction project is well under way. We will be making a mobile with copper leaves and raindrops made of watercolor paper. The children have enjoyed working with the copper and with the special tools.

As usual we are busy and happy in the Greenwood Kindergarten.

Until next time,

Take care

Ms. Paula and Ms. Silke



Committee News....

50 VOL

Community Involvement Hours March Update

by Sylwia Jones (Greenwood)

Hello TWS Families!

We have collected **1344** hours (as of March 3rd, 2010).

Thank you volunteers and thank you families who have logged their hours.



Logging your Volunteering Hours is **easy**:

a) **Email** volunteer@tacomawaldorf.org

b) **TWS Website** <http://www.tacomawaldorf.org/volunteer.htm>

- Volunteer Hours Community Involvement Hour FORM

c) **Paper forms** located in the binders by the grades classrooms and at the school office. Please leave it in a binder or hand it to me.

In next couple of weeks I will be sending emails to every family with the total hours they have collected. Please **note**: if you don't remember exact date or exact number of hours of your time donated to school, log your hours as approximate amount with honest estimation and general description of work. Thank you!

Thank you for sharing your gifts, talents and time!
Your volunteer hours impact our ability to attract funds
by documenting the high parent participation at TWS.

Questions: volunteer@tacomawaldorf.org

Auction Sponsors

**Thank you to our
Auction Sponsors!**

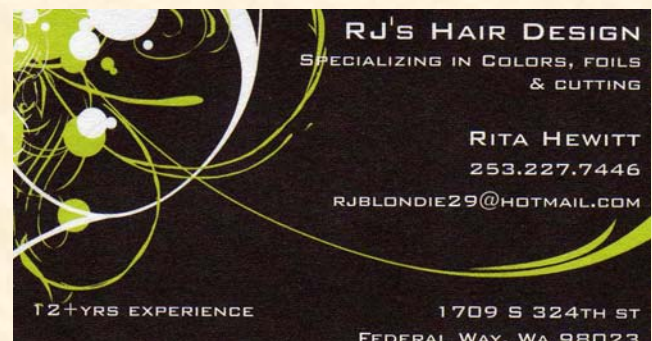
**Celebrity Cake
Studio**

**Sevierly Good
Gluten Free**

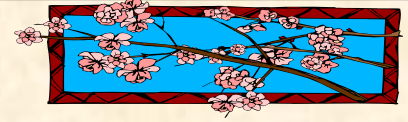
**The Hume Group
Real Estate**

Proctor Market

**A big THANK YOU to RJ's Hair Design!
They are donating all of the personal care and
grooming products in the Men's and Women's
bathrooms to be used during our Auction!**



Auction update ...



The Auction Corner

Our Auction Is Less Than A Month Away!

The energy is high and the procuring is strong, but in order to reach our goal of raising \$75,000 we still need many more items.

Your procuring is essential to our success in meeting our goal and providing our children with this beautiful education!

Some Highlighted Items:

Tuition for a two week theatre summer camp session performance of Pinocchio donated by Broadway Center for the Performing Arts

Two tickets to the Oregon Shakespeare Festival

A catered wine and cheese boat ride for 4 from Fox Island to Penrose State Park. BBQ at the park, and then a boat ride with dessert back to Fox Island.

Vintage pyrex mixing bowls, donated by Sylvia and Joseph Jones

Family Fun Game Night Basket donated by Kim Loofbourow

Volunteers Wanted for the day of the Auction. Please email auction@tacomawaldorf.org

You are encouraged to invite anyone on your list through our new E-VITE system. Use this link to send an e-vite.

<http://www.evite.com/pages/invite/viewInvite.jsp?inviteId=FGRCNMLGVERGACKSYRN>

Please turn in your procurement forms, gift certificates, and items to the office as soon as they are complete. Deadline is March 15th.

In the office, there is an auction basket where forms and certificates can be deposited and also extra sponsorship letters and donation request letters can be picked up.

Completed procurement forms may be turned in before the tangible item. This gives the Auction Committee more time for processing.

RSVP to the auction and BID on items such as wonderful handcrafts made by the school community, well-being services, and unique vacation packages. Enjoy an elegant and lively evening out and support our school!

Thank you.

Reminder!!

Procurement Deadline is March 15th!!! Items need to be received no later than March 22nd.

Procurement Wish List

A stay in or near Ashland, OR
Restaurant in Seattle
Getaways!!!!!!
Backyard playground equipment
Unique Experiences
A rabbit hutch and certificate for rabbits
60 black wooden picture frames, size 4 x 6

Wheelbarrow

Various international or organic beers

Hotel or B&B near Ashland, OR
Restaurant Gift Certificates worth \$50 or more

Unique food / dining experiences

Who would like to organize a group of Garden Gnomes? Kathleen Brooks organized a work group for the 2009 auction, and this offering earned the school over \$600. Kathleen is happy to give helpful suggestions and pointers to the person who organizes this year's group!

Thank you to the following wineries for generously donating wines to our Auction!

Frey Vineyards – biodynamic vineyard in Mendocino, CA

Pacific Rim – biodynamic vineyard in Portland

Cooper Mountain Vineyards – biodynamic vineyard in Portland

Acme Distributors - (wine distributors)



Fundraising and Site Update...



Scrip:

Thank you to everyone who has participated in our scrip program. For the month of February you helped raise \$344 for the school. We continue to have scrip available daily from 8:30am to 9am at the school office and for non local store orders every Tue.

Please remember that we have spring break for the first 2 weeks of April so if you need scrip during that time make sure to order it during the last week of March!

Uriel Pharmacy On Going Fundraiser:

Uriel Pharmacy is now offering our school 10% of any sales made using our school's promotion code (WS59). If you are interested in ordering from this wonderful home remedy and natural medicines company go to www.urielpharmacy.com and use the promotion code. If you would like to place a large bulk order then the school will receive 33% of the sale. Please contact Maria Sevier at development@tacomawaldorf.org for more information or leave a note in the school office.

There are Home Remedy Guides and Aurum/Lavender/Rose cream samples in the school office if you are interested in learning more about Uriel Pharmacy.

SnackTaxi Fundraiser

March 10th is the deadline to order any of your snack packs. We have many sizes and new fabrics! Napkins are also available. Order forms and complete details are available in the office.

Site Relocation Committee Update

YIPPEE! WE'RE
MOVING!

We are happy to report that the church council at Mason United Methodist in the Proctor District has voted to lease us their educational wing which will be an exciting new location for our grades program! The next step is a meeting scheduled to take place on Monday, March 8th to discuss the details of our move. One of our hopes for the meeting is that we can figure out a good time for those interested in taking a sneak peak at the classrooms.

The potential early childhood site on Pearl Street has progressed a bit less smoothly. During lease negotiations, the land owners pulled back and have claimed they are only interested in selling the property. Was this a tactical negotiation maneuver? Are they truly only willing to sell the property? If so, could the community pull together and buy it? These are the questions we are wrestling with. In the meantime, we've had another extremely positive development. Indicative of the deep dedication within our community, one of our members has stepped forward and offered to lease a property that they currently own. Like the Pearl Street house, this is a magical property with a spacious first floor, good light, and wonderful yard. This house is in even closer proximity to the new grades location. Our course of action with this property is currently underway with meetings scheduled with the city to talk about land use requirements. As we continue to pursue both properties, we can enjoy the possibility that we may indeed get to make a decision between two enticing options.

Adult Education....



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Adventures on the Symbolic
Plane of Consciousness

Adventures on the Symbolic Plane of Consciousness

A Coros Palm Sunday Meditation Retreat with Dennis Klocek

Friday evening March 26 - Sunday 1pm March 28 2010 At Rudolf Steiner College

As had been employed by mystery pupils of the past, modern explorers of the wisdom of self-transformation use symbolic imagery for enhancing their meditative practice. A specific practice which Rudolf Steiner called entering the astral body. Starting with the mandala as an archetype of consciousness, each session will use the methodology of breathing an image to enter into its symbolic content. Small workgroups will address the inner responses to these symbols using suggested protocols.

[Learn More and Register Now »](#)

[Forward this email](#) to a friend. Not interested anymore? [Unsubscribe](#).

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Thank you for supporting our work! Coros Institute is a non-profit 501(c)(3) organization, and all donations are tax deductible.

Adult Education....

Announcements from Sound Circle Center

Circle Center's Foundation Year's **Introduction to Anthroposophy** sessions are open to the public. In March, *The Evolution of Consciousness* is being presented. Lectures will be supported by eurythmy to experience how the human being has been continually transformed through the ages. **March 6, March 13 and March 20 with Betsy Weill, Jenny Foster and other.** On **March 27th** Johanna Steegmans will bring the **Easter Mysteries**. Presentations take place on Saturday mornings from 9:15- 10:30 at the Seattle Waldorf School, 2728 100th St NE, in Huckleberry Hall, upstairs. \$10 per session. For more information call 206-925-9199.

Sound Circle Center will be offering its seventh **Foundation Year**, beginning in September, 2010. This may be taken independently to deepen creativity and study of Anthroposophy, or as a prerequisite for Waldorf Teacher Training. If you are curious to know more, please join us for an **Introductory Session** on Saturday, March 13th, 2:30- 4:00 at The Seattle Waldorf School, (2728 NE 100th St, Seattle.) We will introduce the program, the directors and some of our faculty and students. You can observe student's art work and ask questions. Sample course descriptions and schedules will be available. No registration necessary. For more information on what the Foundation Year offers, see www.soundcircle.org.

Sound Circle Center is pleased to welcome Olivia Olsen for a public workshop on creative speech on Sunday, April 11th. Physical practices will be given to enliven the core voice as channel of sound. Look for our flier on line at www.soundcircle.org.

This summer, Sound Circle will be offering a series of intensives for practicing teachers. In addition, there will be a course open to the public, Music and Western Art through the Ages: Expressions of Evolving Consciousness with Janet Lia and Patricia Costa Kim.

July 12th-16th, 2010. Music and Art both provide rich examples of shifts in the development of human consciousness. This course will offer participants, both experientially and theoretically, the opportunity to explore each of these mediums as they evolved through time.



Community Small Talk...



~Winter Faire Thank You~

Thank you so much for everyone who came out and helped with Winter Faire.

It was a great success with lessons on how to make it even better next year!

We couldn't have done it without the help of our community and I can't tell you how grateful Brianne and I are for all those who pitched in. We really appreciated those who brought in delicious cookies for our cookie cove and all those who gave their time and energy during set up, volunteering at craft booths, helping in the kitchen, and tearing down. Thank you, thank you, and thank you.

Big thanks to Justin Mayfield, 25trees Christmas Tree farm, who donated 4 tree's!

Kate Pascal

Purchase any artwork by Francesca Siena and she will donate 10% of the proceeds to TWS. Her work can be seen at Marlene's Market on S. 38th. St.

Is there any interest in having your children participate in horse-y activities over the summer? If so please e-mail Paula, letting her know what sorts of experiences you might like your child to have and what scheduling might work for you. Thank you. I will look forward to hearing from you. Paula's email is: horse_woman1101@yahoo.com

FREE--We have a little wood burning stove that is probably adequate to heat a standard sized garage or an equally sized space. It's an oldie but a goodie. Please contact Paula either via e-mail (horse_woman1101@yahoo.com) or phone 253.473.4595.

Recipes Worth Sharing

Pumpkin Spice Bread

(recipe from The Whole Life Nutrition Cookbook)

Makes 1 loaf

2 ¼ cups brown rice flour (I actually use half brown rice and half white rice flours...lighter texture)

½ tapioca flour

2/3 cup whole cane sugar, lightly ground (I use organic sugar already ground)

2 teaspoons baking powder

2 teaspoons xanthan gum (expensive but needed in gluten free baking)

1 teaspoon baking soda

2 teaspoons cinnamon

1 teaspoon ground ginger

½ teaspoon ground cloves

¼ teaspoon nutmeg

½ teaspoon sea salt

2 ¼ cups sugar pie pumpkin puree (I used organic canned pumpkin...you can use any squash you like)

¼ cup water

1/3 cup melted virgin coconut oil or organic butter

2 teaspoons vanilla

Optional is to add pecans or other nuts and currants if you like to.

Preheat oven to 400 degrees F. Oil one 9 X 5 inch bread pan or two 8 X 4 inch bread pans

In a large bowl combine rice flour, tapioca flour, sugar, baking powder, xanthan gum, baking soda, spices, salt. Mix Well

Place pumpkin puree in a small bowl and whisk it together with the water, melted coconut oil and vanilla. Pour the wet ingredients into the dry and gently mix together being careful not to over mix. Fold in nuts or currants if using them.

Place batter into an oiled bread pan. Bake for about 50 to 60 minutes for 9 X 5 inch loaf or 35 to 45 minutes for two 8 X 4 inch loafs or until a knife inserted in the center comes out clean. Loosen the sides with a knife and gently take out of the pan and place onto a cooking rack.




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Grades Faculty Rep: Sandra Roulette
Board e-mail address:
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Tacoma Waldorf School Faculty & Staff

Grade 3: Sandra Roulette
Grade 2: Rebecca Nelson
Grade 1: Michelle Golingo
Starlight Kindergarten: Sara Smith
Starlight Kindergarten assistant:
Dan MacKinnon
Greenwood Kindergarten: Paula Brown
Greenwood Kindergarten Assistant:
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